



## GLUTEN-FREE LUNCH MENU

*\* All of these items are gluten-free, however, our kitchen is not a gluten-free environment.\**

### APPETIZERS

#### **Crispy Maine Lobster Summer Roll**

wrapped in rice paper with tabbouleh, cucumbers, lemon-cracked black pepper dressing, fresh mint | 14.95

#### **Prince Edward Island Mussels**

steamed in a garlic butter and fresh herb broth | 11.95

#### **Artisanal Charcuterie, Local Cheese Plate**

local cheeses and meats served with homemade fig jam, Vermont maple mustard, roasted olives, gluten-free multi grain crackers | 15.95

#### **Pan Fried Jumbo Lump Crab Cake**

with a sweet and sour blueberry sauce, summer cucumber salad | 13.95

### SALADS

#### **Green Mountain Inn Classic Caesar Salad**

red and green romaine tossed in a creamy parmesan dressing, shavings of pecorino romano | full 9.95 | half 6.95

#### **Summer Salad**

blackberries, grilled peaches and watermelon with local buttercrunch lettuce, toasted almond brittle, wildflower honey-sour cream dressing, Vermont cheddar and fresh mint | full 9.95 | half 6.95

#### **Vermont Heirloom Tomato Salad**

local heirloom tomatoes tossed with opal basil, grilled red onion, local burrata cheese, aged red wine vinaigrette | full 9.95 | half 6.95

#### **Salad of Local Organic Baby Lettuces**

tossed in a walnut oil-champagne vinaigrette, local radishes, cucumber ribbons, golden cherry tomatoes, fire roasted peppers, spring onions, parmesan tuile | full 9.95 | half 6.95

#### **Summer Kale Salad**

lacinato kale tossed with peppered strawberries, blueberries, avocado, local Vermont goat cheese, maple, Dijon vinaigrette, toasted pine nuts | full 9.95 | half 6.95

*Salad additions: chicken 6, shrimp 9, salmon 9, six ounce New York strip 13*

## LUNCH

### **The Whip Burger**

Vermont grass-fed beef with Cabot sharp cheddar cheese, lettuce, tomato, onion, mayonnaise and Major Grey's chutney on an Udi's roll with kettle chips | 14.95

### **Black Bean Veggie Burger**

homemade bean and garden veggie burger with basil aioli on an Udi's roll with kettle chips | 12.95

add Cabot sharp cheddar cheese or swiss | .75

### **Basic Burger**

Vermont grass-fed beef with lettuce, tomato and onion on an Udi's roll with kettle chips | 13.95

add Cabot sharp cheddar cheese or swiss | .75

### **BBQ Pulled Pork**

cola braised pork with sharp cheddar and scallions served on an Udi's roll with kettle chips | 14.95

### **Classic Reuben**

corned beef, Swiss cheese, sauerkraut and Russian dressing on Udi's bread with kettle chips | 13.95

### **"The Starr"**

fresh roasted turkey breast, Swiss cheese, applewood smoked bacon, lettuce, tomato and mayonnaise on Udi's bread with kettle chips | 12.95

### **Green Mountain Club**

fresh roasted turkey breast, Black Forest ham, Cabot sharp cheddar cheese, applewood smoked bacon, lettuce, tomato, mayonnaise on Udi's bread with kettle chips | 13.95

### **Tuna Salad Sandwich**

all-white, dolphin-safe albacore tuna salad with celery, onions, lettuce and tomato on Udi's bread with kettle chips | 11.95

### **BLT and Cheddar**

warm applewood smoked bacon, lettuce and tomato with melted Cabot sharp cheddar on toasted Udi's bread with kettle chips | 11.95

### **Steak Frites**

grilled 6 oz Black Angus New York strip steak with arugula, oven dried tomato and kettle chips | 15.95

