



GLUTEN-FREE LUNCH MENU

** All of these items are gluten-free, however, our kitchen is not a gluten-free environment.**

APPETIZERS

Prince Edward Island Mussels

steamed in a garlic butter and fresh herb broth | 12.95

Artisanal Charcuterie, Local Cheese Plate

local cheeses and meats served with homemade fig jam, Vermont maple mustard, roasted olives, gluten-free multi grain crackers | 15.95

Pan Fried Jumbo Lump Crab Cake

served with a citrus butter sauce and winter vegetable slaw | 13.95

SALADS

Green Mountain Inn Classic Caesar Salad

red and green romaine tossed in a creamy parmesan dressing, shavings of pecorino romano | full 10.95 | half 7.95

Salad of Local Organic Baby Lettuces

tossed in a walnut oil-champagne vinaigrette, local radishes, cucumber ribbons, golden cherry tomatoes, fire roasted peppers, spring onions, parmesan tuile | full 9.95 | half 6.95

Winter Salad

shredded Brussels sprouts, local heirloom apple, Applewood smoked bacon, maple-cider vinaigrette, crumbled Cabot cheddar, poached cranberries | full 10.95 | half 7.95

Salad additions: chicken 6, shrimp 9, salmon 9, six ounce New York strip 13



LUNCH

The Whip Burger

Vermont grass-fed beef with Cabot sharp cheddar cheese, lettuce, tomato, onion, mayonnaise and Major Grey's chutney on an Udi's bun with kettle chips | 14.95

Black Bean Veggie Burger

homemade bean and garden veggie burger with basil aioli on an Udi's bun with kettle chips | 11.95

add Cabot sharp cheddar cheese or swiss | .75

Vermont Grass-Fed Beef Burger

with lettuce, tomato and onion on an Udi's bun with kettle chips | 13.95

add Cabot sharp cheddar cheese or swiss | .75

The Veggie "Beyond" Burger

100% plant based patty on an Udi's bun with our jalapeno aioli, lettuce, tomato, red onion and pickle with fries | 12.95

add Cabot sharp cheddar cheese or Swiss | .75

BBQ Pulled Pork

cola braised pork with sharp cheddar and scallions served

on an Udi's bun with kettle chips | 14.95

Classic Reuben

corned beef, Swiss cheese, sauerkraut and Russian dressing

on Udi's bread with kettle chips | 13.95

"The Starr"

fresh roasted turkey breast, Swiss cheese, applewood smoked bacon, lettuce, tomato

and mayonnaise on Udi's bread with kettle chips | 12.95

Green Mountain Club

fresh roasted turkey breast, Black Forest ham, Cabot sharp cheddar cheese, applewood

smoked bacon, lettuce, tomato, mayonnaise on Udi's bread with kettle chips | 13.95

Tuna Salad Sandwich

all-white, dolphin-safe albacore tuna salad with celery, onions, lettuce

and tomato on Udi's bread with kettle chips | 11.95

BLT and Cheddar

warm applewood smoked bacon, lettuce and tomato with melted Cabot sharp cheddar

on toasted Udi's bread with kettle chips | 11.95

Steak Frites

grilled 6 oz New York strip steak with arugula, oven dried tomato and kettle chips | 16.95

